

**Belvoir Vale Tennis Club**  
**UPDATED Guidelines for Return to Managed Play**

- Wash your hands with soap and water for at least 20 seconds before leaving home to go to the court (or use an alcohol gel if washing hands is not possible).
- Use alcohol gel after touching any court gates, fences, benches, etc, and avoid touching where possible.
- Where safe and appropriate, the clubhouse door could be left open during playing hours.
- Both singles play and doubles play is now permitted with people from outside of your household, as long as you remain 2 metres apart.
- Players do not now need to use their own clearly marked balls – however, if you choose to use shared balls then extra care must be taken to ensure you do not touch your face during play, and you should clean your hands before play and immediately after finishing (use alcohol gel if required).
- Nets will be maintained at appropriate heights to avoid the need to adjust them.
- Players are advised to bring their own racket and full water bottle.
- Please continue to use the court booking system (see below). There will be a short buffer period of 15 minutes between court/session booking slots to minimise encounters between people.
- Ensure you leave the court before the end of your allotted time so that it is empty for the next players.
- Stay at least two metres away from other players at all times (including during play, when taking breaks and before and after play).
- Do not make physical contact with other players (such as shaking hands or high five).
- Stay on your side of court and avoid changing ends or agree to change ends at opposite sides of the net.
- If there is the capacity and resource to be in a position to serve takeaway food and drinks, then hot and cold food may be served for consumption off the premises (i.e. outside of the building).
- The toilet facility will remain closed.

**Advanced Court Booking:** Contact Charlie via call or text with the **date** and **time** you wish to play. Please wait for confirmation of your court booking before arriving at the courts. Charlie will inform you of the gate code and whether to leave the gate open or not.

Contact number: 07932 410918

**Coaching:** 1-1 coaching is available at £25 per hour. Please contact Charlie for further information.